



# Cathedral Prep program

201 Seminary Avenue, Yonkers, New York 10704 (914) 968-1340

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2015-2016

## Friday

Not before 5:15pm	Arrival
6:00PM	Evening Prayer (Deacon Chapel)
6:15PM	Dinner (Refectory)
7:00PM	Holy Hour (Deacon Chapel)
8:00PM	Movie (Neumann)
	Night Prayer
11:00PM	Bedtime

***Silence is observed after Night Prayer  
No Room Visitations Permitted***

## Saturday

	<b>(Confessions will be available)</b>
7:30 AM	Wake-up
8:00 AM	Meditation and Morning Prayer (Dcn. chapel)
8:15 AM	Breakfast (Refectory)
9:00 AM	Gym
11:00AM	Change for Mass
11:30AM	Mass (Dcn Chapel)
12:00PM	Lunch (Refectory)
12:45PM	Rosary Walk
1:00PM	Study Hall
1:30PM	Break
2:30PM	Catechesis and Discussion (Neumann)
5:00PM	Holy Hour & Evening Prayer (Neumann Chapel)
6:15PM	Dinner (Refectory)
7:00PM	Movie (Neumann)
10:00PM	Night Prayer & Bedtime

## Sunday

7:45 AM	Wake-up
8:15AM	Meditation & Morning Prayer (Deacon Chapel)
8:30AM	Breakfast (Refectory)
9:00AM	Clean up Prep Wing and Room Checks
9:30AM	Holy Hour (Deacon Chapel)
10:30AM	Prep for Mass/Clean Public Areas/Greet Families
11:00AM	Mass (Deacon Chapel)
12Noon	Lunch (Refectory)
12:30PM	Departure